

Apply for Lifeline

Lifeline is a federal program that helps lower the monthly cost of your phone or internet service.

You May Qualify

Get up to \$9.25/month off your phone, internet, or bundled service, or \$34.50/month off these services if you live on qualifying Tribal lands.

- If you, a child, or a dependent participate in a government assistance program like:
 - SNAP
 - Medicaid
 - Supplemental Security Income (SSI)
 - Veterans Pension and Survivors Benefit
 - Federal Public Housing Assistance (FPHA)
 - If your income is at or below 135% of the [Federal Poverty Guidelines](#)
- Learn more about [how to qualify](#).

Information Needed

We will use this information to see if you qualify for a discount:

- Your full name
- Your date of birth
- The last four digits of your Social Security Number
- Your home address
- An email address (so we can contact you)

If your address is not permanent or not recognized by the USPS, use the mapping tool in the online application to describe your location.

If your eligibility, identity, or address cannot be confirmed automatically, you will need to submit additional documents. Learn how in our [acceptable documentation guide](#).

One Per Household

Only one Lifeline discount is allowed per household.

A **household** is a group of people who live together and share money.

If you share housing but don't share your money, you and your housemates are considered separate households.

Learn More

Visit [LifelineSupport.org](#) to find participating phone and internet companies and see if you are eligible.

How to Apply



Apply online at [LifelineSupport.org](#).

OR



Print and fill out a paper application from LifelineSupport.org, then mail it with proof of eligibility to:

Lifeline Support Center
PO Box 1000, Horseheads, NY 14845

OR



Use the [Companies Near Me](#) tool on LifelineSupport.org to find a company that offers Lifeline.



If you live in
California ([CaliforniaLifeline.com](#)),
Oregon ([Lifeline.Oregon.gov](#)), or
Texas ([TexasLifeline.org](#)),
visit the website for your state to find out how to apply.



NEED HELP?

Call **(800) 234-9473** or Email LifelineSupport@usac.org.