Lifeline
Receive up to $9.25 off your phone or Internet service

Lifeline is a federal program that helps lower the cost of your monthly phone or Internet bill.*

**INDIVIDUAL ELIGIBILITY**
You qualify for a discount if:

- You participate in any **ONE** of these government benefit programs:
  - Supplemental Nutrition Assistance Program (SNAP)
  - Medicaid
  - Federal Public Housing Assistance (FPHA)
  - Veterans Pension and Survivors Benefit
  - Supplemental Security Income (SSI)

— OR —

- Your income is at or below 135% of the federal poverty guidelines

**HOUSEHOLD ELIGIBILITY**
A household is a group of people that share income and expenses.

- You are only allowed to get **one** Lifeline discount per household.
- If you share housing, complete the Household Worksheet.
- The worksheet is available on our website, [www.LifelineSupport.org](http://www.LifelineSupport.org). You can also ask your Lifeline service provider.

**THREE WAYS TO APPLY**

**APPLY ONLINE**  Find the online application at [CheckLifeline.org](http://CheckLifeline.org).
If you live in CA, OR, and TX, work with your provider to apply.

Fill out and mail it with proof of eligibility to:
Lifeline Support Center
P.O. Box 7081
London, KY 40742

**CONTACT A PHONE OR INTERNET COMPANY**
Click **Companies Near Me**.

**HOW TO SHOW YOU ARE ELIGIBLE**
You may need to show proof that you qualify for Lifeline, such as:

- A copy of your SNAP or program letter **OR**
- A copy of your pay stub or tax return to prove your income is at or below 135% of the federal poverty guidelines.

*If you live on federally recognized Tribal Lands, you may receive an additional discount toward your service.

If you are person with a disability and need assistance with your Lifeline application, contact the Lifeline Support Center.

**LIFELINE SUPPORT CENTER**
(800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK
LifelineSupport@usac.org | www.LifelineSupport.org

Universal Service Administrative Co.

USAC is an independent not-for-profit designated by the Federal Communications Commission.